



# U5/U6 & U8 DIVISIONS

## **Kickoff**

**Can be taken in any direction**

## **Throw-ins**

The game should be restarted with a kick-in from the spot where it left the field of play or the player is allowed to dribble the ball into play without being penalized for a double touch.

## **Goal Kicks**

Any player can restart play by dribbling or passing the ball into play from anywhere in the goal area.

## **Fouls**

All fouls; the restart is an indirect free kick from the spot of the foul. Opposing players must be 3 yards from the ball (u-6) and 5 yards for (u-8).

## **Corner Kicks**

Any player can restart play by dribbling or kicking the ball into play from the corner arc; opposing players 3 yards (u-6) or 5 yards (u-8) from ball.

## **Substitutions**

Once the game begins, subs **cannot** be switched between split teams once formed. For example, if you have 1 or 2 substitutes for each half, those subs must stay with the half they are subbing for the whole game.

## **Touching of ball within goal box (U8 Only)**

For the U8 Division only, the ball may not be touched by any part of the body on either team within the goal box. If touched by the offense a goal kick will be awarded to defense. If touched by defense a goal will be awarded to the offense. If ball becomes stationary within the goal box a goal kick will be awarded to the defense.

# U-10 DIVISION

**Kickoff** - Can be taken in any direction

**Goal Kicks** - Goalkeeper possession. Possession is defined as holding the ball in the hands. The ball can be kicked, dribbled or thrown into play, but cannot be punted, volleyed, half-volleyed or thrown directly over the half way line in the air (restart: IFK from half way line). Once the ball is placed on the ground, it becomes live.

**Offside** - Offside does not apply to U-10's.

**Penalty Kicks** - None

**Obvious Goal Scoring Opportunities** - When an attacking player is fouled during an obvious goal scoring opportunity (OSGO), or a defender illegally stops the ball from entering the goal, the game is restarted with a direct free kick at an open goal taken from the half way line. ALL players, except the defending goalkeeper, should stand behind the ball, while the defending goalkeeper should stand at the corner flag. If the goal is made, the game is restarted with a kick off. If the attempt is missed, the ball becomes dead and the defending goalkeeper starts the game in possession from inside the goal area.

**Pass Back Rule** - The pass back rule is not in effect for U9/10 players. The goalkeeper is allowed to pick up the ball when last played by a teammate. When the ball is played to the goalkeeper and not picked up, the goalkeeper is considered a field player and can kick the ball directly over the half way line in the air.

**Sliding and Slide Tackling** - No slide tackling is allowed at the U-10 level, but players can legally slide to play the ball if, in the opinion of the referee, there is no danger of injury to an opponent.

**Fouls** - All fouls; the restart is an indirect free kick from the spot of the foul. Opposing players must be 8 yards from the ball.

**Substitutions** - Once the game begins, subs cannot be switched between split teams once formed. For example, if you have 1 or 2 substitutes for each half, those subs must stay with the half they are subbing for the whole game.

# U-12 DIVISION

**Kickoff** - Forward

**Goalie Kicks** - Goalkeeper possession. Possession is defined as holding the ball in the hands. The ball can be kicked, dribbled or thrown into play, but cannot be punted, volleyed, half-volleyed or thrown directly over the half way line in the air (restart: IFK from half way line). Once the ball is placed on the ground, it becomes live.

**Offside** - USSA

**Penalty Kicks** - USSA

**Obvious Goal Scoring Opportunities** – USSA

**Pass Back Rule** - USSA

**Sliding and Slide Tackling** - USSA

**Fouls** - USSA

**Substitutions** – Unlimited. Any stoppage in play with referee permission.

# **U-14 and Above DIVISIONS**

**Kickoff** - Forward

**Goalie Kicks** - Goalkeeper possession

**Offside** - USSA

**Penalty Kicks** - USSA

**Obvious Goal Scoring Opportunities** – USSA

**Pass Back Rule** - USSA

**Sliding and Slide Tackling** - USSA

**Fouls** - USSA

**Substitutions** – Unlimited. Any stoppage in play with referee permission.